City gets new health centre

Outpatient facility to cut wait times, says premier PAGE 2

PROMETHEUS THE PREQUEL?

SCREENWRITERS ARE CALLING IT AN 'ALIEN/BLADE RUNNER MASH-UP' PAGE 8

REGIONAL metro®

Wednesday, June 6, 2012

News worth sharing.

metronews.ca | twitter.com/metroregina | facebook.com/metroregina

Body parts sent to B.C. schools

Vancouver. Staff at two elementary schools open packages containing human remains

MATT KIELTYKA
Metro in Vancouver

Vancouver police are working with Montreal investigators after human body parts were sent to two schools on Tuesday.

Vancouver Police Department deputy chief Warren Lemcke confirmed the gruesome find, but warned it was too early to speculate that the incident is related to the bizarre dismemberment case involving the now-notorious suspect Luka Rocco Magnotta.

They also did not say whether it could be a copycat crime.

"Vancouver police are investigating two disturbing cases in which human remains were discovered in two separate packages mailed to local area schools," said Lemcke.

The first package contained a human hand and was opened by staff at False Creek Elementary School around 1 p.m. local time.

A foot was discovered inside a package about an hour later at St. George's private school, also in Vancouver.

"The remains will be examined by the coroner and there is no indication about the identity at this stage of the investigation," said Lemcke.

At St. George's, staff patrolled the property Tuesday afternoon to ensure reporters did not enter, and directed questions to the police. The school however, did issue a brief news release.

"There is no danger to anyone at the school and our students are in no way affected by this matter," said the news release, posted to the school's website.

"We are not aware of any connection of the package to the school, and at this point, the (Vancouver police) are suggesting that the targeting of the school is random."

The investigator's first course of action is to identify the victim(s) and find out where the packages were mailed from.

Magnotta was the subject of an international manhunt this week after he allegedly killed a man in Montreal and mailed his body parts to political offices in Ottawa.

He was arrested in Berlin on Monday.

MORE COVERAGE, PAGE 4

Traumatic experience

"This must have been a very, very traumatic incident for all ... at the schools who were involved in opening these packages."

Vancouver Police Department deputy chief Warren Lemcke

A student stands in front of Vancouver's False Creek Elementary School, where police say a staff member opened a package containing what appeared to be a human hand on Tuesday. PHYLICIA TORREVILLAS/METRO

New addition to the huddle

Roughriders' show, In The Huddle, returns for its 19th season with its first female host, Arielle Wood PAGE 3

Spider bite cure a killer?

Authorities fear traditional treatment of a rare spider bite in northeast India may be the cause of two deaths PAGE 4

Hotel staff on picket line

More than 100 Ramada hotel workers continue to strike against unfair wages PAGE 3

The down-low on Disneyland

The top-five experiences of California's Disneyland from sci-fi and sailors to creepy-crawlies and car lands PAGE 10

When diesel is desirable

The Jetta TDI runs on diesel, which means its fuel efficient, and an enticing alternative to a hybrid PAGE 14

1 NEWS

City looks to net $228M in water deal

The City of Regina may have a vastly different method of disposing of its recycled water in the near future.

The city's executive council will discuss a proposed recommendation on Wednesday in which recycled water from the wastewater treatment plant will be supplied to the Western Potash Corp.

The deal could net the city $228 million in exchange for its treated sewage water.

The 45-year proposed deal would see the city provide access to 60,000 cubic metres of recycled water per day for the first six years of the arrangement, beginning as early as 2016.

Western Potash would build a pipeline from the city's water-treatment plant to the location of its proposed mines, about 35 kilometres southeast of Regina.

"Currently as we collect sewage, we provide that to the wastewater treatment plant where it is treated to meet regulations and then released into Wascana Creek," said Stella Madsen, the city's director of water and sewer services.

During the first six years of the proposed deal, Madsen said, "there will be increased water usage as they (Potash) develop their camp and that is about 85 per cent (of the city's treated water). Then, after that time, when they get into normal operations, it would drop to about 60 per cent of the average daily amount of treated effluent (sewage) at the plant."

JEFF MACKEY/METRO

Council meeting

- The environmental impact of the potential wastewater deal with Western Potash is among the topics to be discussed at the city's executive council meeting on Wednesday. If the recommendation is approved, the matter will come before city council on June 26 for final approval.

On the web

Betty White gets waxed

The last remaining Golden Girl, Betty White, is now memorialized in the Madame Tussauds wax museum. Watch the 90-year-old unveil her statue at metronews.ca

Mobile news

An Oregon jury has awarded $900,000 to a 49-year-old woman who claimed a 69-year-old Portland man intentionally gave her a sexually transmitted disease after they met on an online dating website. Scan the code to read more

Health centre will be LEAN, cut wait times, Wall says

Outpatient clinic. Officials estimate new facility will cost $50M to $60M to build

CARRIE-MAY SIGGINS
carriemay.siggins@metronews.ca

A new outpatient centre will be built just across from the site of the shuttered Plains hospital, Premier Brad Wall says.

At a packed press conference on Tuesday attended by MLAs, cabinet ministers and representatives of the Regina Qu'Appelle Health Region, Wall laid out the government's plan for the Plains Surgery and Outpatient Care Centre.

The clinic will offer services such as chemotherapy, day surgery and diagnosis, but not overnight care.

Wall cited the strain on the healthcare system, in particular, wait times for surgery, as a reason to build a new centre. "We have a few regions that are a little bit behind, including this one, and they're working on a plan for those particular issues," he said.

Dwight Nelson, chief executive of Regina Qu'Appelle Health Region, said many surgery patients could use the new centre, freeing up hospital beds. Qu'Appelle Health must still determine which day surgeries could be performed at the centre.

Wall said overall costs would be between $50 million and $60 million and be shared equally between a group of partners and the government. That means $25 million to $30 million will come out of the government's general revenue stream.

Wall also said the province won't reject outright some form of private-public partnership. "All the options will be on the table within a public healthcare system," he said. "No queue-jumping, no putting down your credit card. But we'll want to have this facility open to all opportunities."

The clinic, to be built on a Crown-owned field across from SIAST, will be completed in roughly 30 months. Extra time is being allowed for using LEAN design techniques. "Our experience is, generally, when we use the LEAN design techniques, it does add a bit of time and effort to the actual design," Wall said.

As for whether the province will be able to staff a new centre, Health Minister Dustin Duncan said that there might not be many new positions created, since many procedures will be transferred from the hospitals to the centre. He said questions about staffing will be addressed by the health region.

Duncan said the ultimate goal is to have all outpatient procedures performed at the centre.

Model of efficiency

- LEAN is the practice of analyzing a system to eliminate waste, first used by Toyota in Japan to increase efficiencies, and since employed around the world. The Saskatchewan government says it is the first public institution to successfully adopt LEAN.

Premier Brad Wall announces government approval on Tuesday for a new outpatient centre. The clinic will be built across from the now-closed Plains Hospital, and will take about 30 months to complete. CARRIE-MAY SIGGINS/METRO

Ramada strikers look for wage increases

Labour dispute. 120 workers hit picket line on second day of strike

CARRIE-MAY SIGGINS
carriemay.siggins@metronews.ca

Ramada Hotel workers entered their second day of strike action on Tuesday, with about 120 workers walking in circles holding picket signs in front of the downtown hotel.

Employees have been without a contract for almost a year, and are demanding an increase in wages.

"We were originally asking for 12 per cent," says Local 41 president Garry Whalen. "We went down to 10, and now we'd settle for nine."

The hotel has offered 5 1/2 per cent over three years, which the union has twice turned down. Whalen says that their offer doesn't even match the rate of inflation, which in February was 2.6 per cent per year.

The striking staff included guest service agents and staff from the beverage room, lounge, house cleaning and kitchen. The hotel has bussed up non-unionized workers from Saskatoon to make up for the shortfall.

Ramada worker Allan Daniels and others are striking against what they consider to be unfair wages. Tuesday was the second day of their strike.
CARRIE-MAY SIGGINS/METRO

Many of the striking workers declined to comment due to the quality of their English. Language is an issue that Whalen says keeps workers from demanding what they deserve. He says that the union manages by using a worker with better language skills as an interpreter, but it's still a challenge.

Allan Daniels, 42, is a night cleaner and makes $11.76 an hour. He says he's striking for more fairness in wages.

"The cost of living is going up," says Daniels, "rent, food, everything's going up. It's been difficult to make ends meet." He says he supports his niece and her kids, who are living with him.

"Right now the hotel is offering us nickels and dimes," says Daniels, "and we'd like to see dollars instead of nickels and dimes." He thinks a fair wage for his line of work would be $12.50 an hour.

Selena Tong has been a server in the restaurant for 27 years. She says the hotel is raising a number of costs for workers, including parking and insurance benefits, but that management isn't raising wages to meet these new cost demands.

Whalen claims that when the Ramada leased its parking to the company InPark, the cost of parking for workers was raised from $40 to $100 a month.

"If we come to work," says Tong, "we're actually losing money instead of gaining anything. They give us an offer on our wages, but whatever they offer on raising our wages, does not cover what they raise."

At press time, the Ramada hotel hadn't returned requests for comment.

Quoted

"Service industry employees are the lowest paid ... largely because we have a lot of immigrants and they get pushed around ... they get taken advantage of."
Local 41 president Garry Whalen

It's all about the Riders for In the Huddle

In the Huddle has been a forum for Roughriders fans to discuss the Green and White since 1993. From left, host Rod Pedersen, along with guests Carm Carteri and Ken Picot, premiered the show's new set for this season Tuesday night on Access 7. COURTESY OF ACCESS7 COMMUNICATIONS

In the Huddle, the hour-long Access 7 Roughriders show, returned Tuesday night for the premiere of its 19th season. Hosts Rod Pedersen and John Lynch also have a redesigned set to show off.

The hosts are ready, as always, to talk football with the residents of Saskatchewan.

"The whole province lives and dies with the team on a daily basis," said Pedersen. "The other CFL teams don't have that passion, and it is good to be in our position to be able deliver that news to the fans.

"There is no hour-long magazine show for any other CFL team," said Pedersen. "The show is kind of the envy of the league that way."

Along with the new set, this year In the Huddle will be offering viewers a show first. "We have introduced a female reporter for the first time this year, Arielle Wood," said Pedersen. "People have been clambering for years to get a woman on the show and now we do, I am proud of that."

Quoted

"The whole province lives and dies with the team ... other CFL teams don't have that passion."
Rod Pedersen, host of In the Huddle, explaining the loyalty of Roughriders fans

In the Huddle has attracted some high-profile guests to the show in the past, including Premier Brad Wall, Mayor Pat Fiacco, CFL Commissioner Mark Cohon and minister Ken Cheveldayoff.

As the Riders enter the 2012 season there is certainly no shortage of topics for the show to dissect. "In 102 years (of Roughriders football) this will be one of the most pivotal years for this franchise and there is nowhere to go but up after last year," said Pedersen.

In the Huddle airs Tuesdays at 7 p.m. on Access 7 and through a tape-delayed broadcast with Shaw media on Wednesdays. JEFF MACKEY/METRO

Egypt

Mubarak's health in sharp decline

The health of ousted Egyptian president Hosni Mubarak deteriorated sharply on Tuesday, three days after he was sentenced to life imprisonment for the killing of protesters, a security official said. A prison official said Mubarak collapsed several times and he was placed on ventilator.

THE ASSOCIATED PRESS

Quebec tragedy

Child stabber gets limited freedom

A former Quebec doctor who stabbed his two children 46 times but was found not criminally responsible in the deaths will remain at a psychiatric hospital while gradually being allowed more freedom.

Five experts ruled Tuesday that Guy Turcotte must stay detained for at least six more months, but will be allowed some escorted outings. The trips can be suspended if Turcotte's mental state deteriorates.

Guy Turcotte and his daughter Anne-Sophie. THE CANADIAN PRESS

THE CANADIAN PRESS

Hardest-hit areas

Aid, food finally allowed in Syria

Syria agreed to allow aid workers and supply convoys into four of its hardest-hit provinces, where at least one million people are in urgent need of aid because of injuries from the bloody civil conflict or the loss of homes and jobs, officials said Tuesday.

THE ASSOCIATED PRESS

Norway massacre

Right-wingers testify for Breivik

A handful of Norwegian right-wing extremists testified Tuesday in self-confessed killer Anders Behring Breivik's defence, backing his ideological claims that Norway is "at war" with Islam.

The 33-year-old self-styled anti-Muslim crusader has placed importance on this line of argument, fearing that his ideology could be undermined if he is declared insane.

Breivik, who is on trial for killing 77 people in a rampage in Oslo last July, has confessed to the attacks but denies criminal guilt. He claims that he acted in self-defence because his victims had betrayed their country by embracing immigration.

Defence lawyers attempted to show others who share Breivik's world views are not declared mentally ill for doing so.

THE ASSOCIATED PRESS

Denis Mainville of the Montreal police speaks to reporters Tuesday about the arrest of alleged murderer Luka Rocco Magnotta. GRAHAM HUGHES/THE CANADIAN PRESS

Magnotta won't fight extradition

Alleged killer Luka Rocco Magnotta told a judge Tuesday he will not fight his extradition from Germany to Canada.

Magnotta is currently wanted in Canada on several charges — including first-degree murder — in connection with the gruesome Montreal killing and dismemberment of Chinese national Jun Lin.

Police in Montreal, meanwhile, are still looking for several of Lin's body parts.

Berlin police spokesman Stefan Redlich told The Canadian Press that Magnotta met with a German judge at police headquarters, where he was held in a 1.5-metre-by-five-metre cell overnight.

"(Magnotta) did not say anything about the case itself, but (when) asked about whether he would object to go back to Canada, he said no he wouldn't," Redlich said in a phone interview.

Magnotta will have to go before a German court for an extradition hearing once Canada formally requests he return for trial. That means Magnotta could be back in Canada as early as this week, according to authorities.

"This may speed up the (extradition) process, but on the other hand, he may change his opinion any day," Redlich said.

"So we will see."

Magnotta was arrested Monday at a Berlin Internet cafe following an international manhunt. He fled Montreal for Europe after Lin's death sometime overnight between May 24 and May 25.

The 33-year-old Lin's torso was found last week stuffed in a suitcase in an alley behind the west-end Montreal apartment building where Magnotta lived.

A hand and a foot were mailed in separate parcels to the offices of two different political parties in Ottawa.

THE CANADIAN PRESS

Biting spiders cause panic in rural India

Cure worse than the bite? Two dead after traditional methods used to drain wounds

Large biting spiders have sparked panic in remote northeast India, but health authorities fear primitive treatment of the bites' painful swelling may be more dangerous than the spiders themselves.

Two people died in Tinsukia district after witch doctors used razor blades to drain the wounds. It's not known if the victims died from spider poison or from the attempted treatment. The victims were cremated before autopsies could be done.

Another seven bite victims have been treated with antibiotics against infection after they also tried themselves to drain their wounds, said Dr. Anil Phapowali at the local Sadiya town hospital.

The spiders were noticed about a month ago across Tinsukia district's grassy plains and dense jungle forests north of the Brahmaputra River.

"It looks like a new species. We haven't been able to identify it," Dr. Anil said Tuesday. Officials cannot use anti-venom in treating bite victims until the species is identified.

Villagers are keeping lamps on at night and standing guard against spiders entering their homes. There are about 100,000 villagers, mostly poor rice farmers, living in the area cut off from roads by the river.

Officials say the spiders are now also showing up south of the Brahmaputra.

THE ASSOCIATED PRESS

The spiders may be a new species. WASBIR HUSSEIN/THE ASSOCIATED PRESS

The Gazette used this photo from Magnotta's Facebook page. CONTRIBUTED

Labatt won't sue paper after all

In less than 24 hours, Labatt Brewing Company threatened to sue one of the country's largest-circulation newspapers, was the subject of mockery in the online community, and then opted to drop the legal action.

A photo of alleged murderer Luka Rocco Magnotta holding a Labatt Blue beer bottle was posted on the Montreal Gazette's website Sunday.

Officials from Labatt — which was founded in London, Ont., in 1847 — believed the paper's choice of imagery was in such bad taste that they pressured to sue.

By early Tuesday afternoon, however, the brewing giant's executives had changed their minds.

"Once the Gazette explained their position, we promptly thanked them for their response, dropped the matter and we will not be following up further," Labatt VP of corporate affairs Charlie Angelakos said in a statement.

Gazette's lawyer Mark Bantey, said the Postmedia Network-owned daily had no intention of replacing or removing the Magnotta photo. It was retrieved from Facebook and holds a "news worthy" component, he said.

When word spread on the Internet about Labatt's original intentions of taking legal action, the meme "#newlabatt-campaign" took on a life of its own on Twitter.

Hundreds of posts appeared alongside the hashtag. Most mocked Labatt's position by creating morbid corporate slogan suggestions.

For hours, it trending across Canada. Virtually every major news outlet in the country picked up the story, too.

Wendy Smith, president of Red Rhino marketing firm in London, believes the entire situation actually works in Labatt's favour.

"Honestly, they're probably loving it," Smith said prior to Labatt's statement retracting their intention to sue. "It's not something they (posted themselves) … so it's great for the Blue brand."

The controversy occurred the same day Labatt's London location hosted an event to celebrate its excellence in waste reduction. Currently, the London plant recycles 98 per cent of materials used in the production of their beer.

General manager Jake Fenn and other employees at the London plant declined a request to comment on the Magnotta situation.

JOHN MATISZ/METRO IN LONDON

comwave®

Long Distance

Call the world... anytime, anywhere

No matter what rate you pay,

We'll beat it, GUARANTEED!

Download our Comwave Mobile App

3 Days Free Trial

iTunes · Android Market · BlackBerry App World

1 Cent to India **1¢ /Minute**

1000 MINUTE BUNDLE ONLY $10/MONTH

Unlimited Canada **$5 /Month**

UNLIMITED CALLING TO ANYWHERE IN CANADA

Australia 1.9¢/min	Bangladesh 3.9¢/min	Bosnia 13.9¢/min	China 1.9¢/min	Colombia 3.9¢/min	Cuba 89.9¢/min	El Salvador 9.9¢/min	Germany 1.9¢/min
Iran 5.9¢/min	Israel 1.9¢/min	Italy 1.9¢/min	Sri Lanka 9.9¢/min	Lebanon 7.9¢/min	Mexico 1.9¢/min	Pakistan 5.9¢/min	Philippines 11.9¢/min
Poland 1.9¢/min	Romania 1.9¢/min	Russia 1.9¢/min	Trinidad 4.9¢/min	U.A.E 14.9¢/min	Ukraine 7.9¢/min	U.K 2.9¢/min	Vietnam 4.9¢/min

Every Month

30 Minutes FREE

1-866-520-6942

CONSUMER CHOICE AWARD 2012 BUSINESS EXCELLENCE

Ranked #1

Home Phone Service

Consumer Choice Award

While Comwave strives for accuracy in our advertising, Comwave reserves the right to correct any error in pricing or information at any time. LONG DISTANCE: Lifetime Rate Guarantee is based on competitors lowest advertised rate for like services. Comwave will not rate match against charity or internet services, bundled minute plans or prepaid calling cards due to their inaccurate billing criteria. Bundled minute plans cannot be shared by more than one line. Unused minutes from one month do not carry over to the next month. Excess minutes will be billed at our lowest rate guaranteed. Calls to Overseas Mobile Phones may be billed at a higher rate. Terms and conditions apply, see www.comwave.ca for details.

Canada's richest aren't all bankers and brokers: Study

Top one per cent. Only a small portion of the country's highest salary earners work in finance, despite being the target of Occupy protesters

To be considered in Canada's richest one per cent, you need to make at least $230,000 a year. You're most likely male, have a university degree and work longer-than-average hours.

But you're not necessarily a banker or Bay Street investment broker — the primary targets of the Occupy protest movement — a new study by a group of economists at the University of British Columbia found.

Only 10 per cent of Canada's richest work in the financial industry, the study found.

The richest one per cent

Occupy Bay Street protest in Toronto last October.
CHRIS YOUNG/THE CANADIAN PRESS

- **Earnings:** $452,887/year
- **Gender:** 82.7 per cent male
- **Work:** 50+ hours/week
- **Age:** 35 to 64 years
- **Occupation:** Senior management, doctors, dentists, vets, finance professionals

The rest are doctors, dentists, vets and corporate managers.

"In the eyes of many, the culprits are to be found at the very place where the Occupy movement started: on Wall Street, or our own Bay Street," the study said. "But there are just not enough investment bankers and high-flying stock brokers to fill the ranks of the 275,000 individuals in the top one per cent."

The top one per cent of Canadians now controls 14 per cent of total income, the paper found, noting that they enjoyed just eight per cent in the 1970s.

"Such an uneven distribution of income has not been seen since the dark days of the Great Depression when it reached an all-time high of 18 per cent," the paper notes.

It found that despite impressive wage gains made by women over the past few decades, the top one per cent of income earners is overwhelmingly (82.5 per cent) male. On average, they earn $450,000 a year versus $36,000 for the other 99 per cent.

TORSTAR NEWS SERVICE

Ultrabook takes on iPad

Taiwan's struggling computer makers are promoting a new generation of ultra-thin laptops that might be their last hope of turning back the seemingly unstoppable momentum of Apple's iPad and other hot-selling tablets. The brainchild of Intel Corp., the laptop-tablet hybrid known as Ultrabook is only 20 mm thick. Taipei's Computex, the world's second-largest computer show, displayed more than a dozen 12- to 17-inch Ultrabook models powered by Intel's new generation of "Ivy Bridge" processors, which were unveiled in April.

CHIANG YING-YING/THE ASSOCIATED PRESS

Economy

Global conditions have weakened: Bank of Canada

The Bank of Canada is holding off on raising interest rates for a while longer — perhaps a lot longer — citing worsening global conditions and an uneven Canadian recovery that is not quite as strong as advertised.

The decision to keep the bank's overnight rate at one per cent was widely expected.

THE CANADIAN PRESS

Market Minute

- **DOLLAR** 96.34¢ US (+0.16¢ US)
- **TSX** 11,507.71 (+171.94)
- **OIL** $84.29 US (+31¢ US)
- **GOLD** $1,616.90 US (+$3 US)

Natural gas: $2.45 US (+3.1¢ US)
Dow Jones: 12.127.95 (+26.49)

Acquisition. Google buys Quickoffice

Google is buying Quickoffice, the maker of a widely used mobile application for working on documents created in Microsoft's programs for word processing, spreadsheets and presentations.

The deal announced Tuesday gives Google Inc. more tools to undercut Microsoft Corp., one of its biggest rivals, as more people get work done on smartphones and tablet computers.

By the numbers

400M

More than 400 million devices are currently equipped with the Quickoffice app, which costs $15 to $20.

Quickoffice makes those devices compatible with Microsoft Office even if the software suite isn't installed on them.

The Quickoffice app works on several types of devices, including Apple's iPhone and iPad and those running Google's Android software.

Financial terms of the acquisition weren't disclosed.

THE ASSOCIATED PRESS

Natural gas. Shell backs new pipeline

TransCanada Corp. said Tuesday it has been chosen by Shell Canada Ltd. to build, own and operate a $4-billion natural-gas pipeline across northern British Columbia.

The Calgary-based company said the pipeline will transport natural gas from the Montney region in northeastern B.C. to a liquefied-natural-gas export facility near Kitimat, B.C.

The Coastal GasLink pipeline is expected to run about 700 kilometres, with an estimated initial capacity of 1.7 billion cubic feet per day.

An estimated 2,000 to 2,500 jobs will be created to construct the line over two to three years.

Kitimat is also the endpoint for the $5.5-billion Northern Gateway pipeline project, which proposes to transport from Alberta's oilsands to the B.C. coast through a 1,100-kilometre pipeline.

Northern Gateway, which is backed by Enbridge, has been criticized by environmental groups, First Nations and B.C.'s opposition New Democrats. THE CANADIAN PRESS

Havana Club trademark war heats up in U.S.

There was the Cold War, the Bay of Pigs and the Cuban Missile Crisis, and there is still no end in sight to U.S.-Cuban animosity.

Now a bitter dispute over a spirit appears to be nearing an end after more than a decade of legal wrangling.

Time and again, U.S. courts have ruled against Cuba in its fight to control the U.S. rights to the trademark Havana Club, the island's flagship rum brand that is sold in more than 120 countries around the world — but not in the United States.

By mid-June, Cuba could lose all chance of pressing its legal claims against Bacardi, which distributes a limited quantity of its own Havana Club rum in Florida and says it plans to expand to other states in the near future.

Legal wrangling

Cuba has held the trademark there since 1976 after the Cuban family that originally owned the brand let their registration lapse.

- But since it came time to renew in 2006, Cuba says it has been unable to do so because the U.S. Treasury Department has not issued a licence for Havana to make the $200 renewal payment.

Indignant over what it considers wholesale piracy of a national icon, Cuba accuses the U.S. of using an under-the-radar manoeuvre to block it from paying the small patent-renewal fee, and has raised its concerns at increasingly high levels of government.

If the patent expires, Cuba says it could retaliate toward U.S. trademarks currently protected on the island.

Such retaliation might have limited immediate impact, as most U.S. goods are barred from being sold to the island under the 50-year-old U.S. embargo.

But there are some legal sales of food items, and companies could also face tough and costly legal battles to win back their trademark rights in a post-embargo Cuba.

THE ASSOCIATED PRESS

THE FETCHING WAYS OF CLEO THE RETRIEVER

JUST SAYIN'
Paul Sullivan
metronews.ca/justsaying

Now and then, someone comes into your life and then is gone again.

But not before she leaves muddy footprints all over your heart…

It has been five years almost to the day that we had to put down our golden retriever, Cleo. She had cancer.

The night before she died, we decided to have a Cleofest.

We did all her favourite things. We went down to the creek at the end of the street. When we were both younger we would run the trails along the creek, stopping on the way to play the Stupid Rock Game.

Cleo was a retriever, but as time went on she increasingly relied on symbolic fetching. In The Stupid Rock Game: I threw a stone in the water; Cleo nodded half-heartedly in the direction of the stone; repeat ad nauseam. She could play the game all day, as I had to do all the throwing. After a while I'd get tired of the Stupid Rock Game, and start to walk away. That would be her cue to plunge her head into the water, stay under for an alarming period of time, and then emerge, triumphant, with a giant rock in her jaws, which she would dump at my feet, a symbol for all the little rocks she refused to retrieve.

The Stupid Rock Game

"I threw a stone in the water; Cleo nodded half-heartedly in the direction of the stone; repeat ad nauseam. She could play the game all day, as I had to do all the throwing."

On her last night, she came up with one mighty fine rock.

On the way back home, she managed to find something smelly to roll in — bonus — and when we got home, my daughter got out the whipped cream in a spray can and gave her a mighty dose. If all dogs go to heaven, she was there a night early.

I don't know about your dog, but Cleo was The Best Dog Ever. She had the knack of making everyone around her feel as if you were the one she loved best. Some dogs are one-person dogs; others are members of a family pack; Cleo was a world dog, the Chevy Cruze of dogs. She even loved postal delivery people.

She wasn't fussy; she even liked me. I'd be trying to read, ignoring the dog, even as she went through her entire repertoire of attractive dog tricks: Baleful-puppy-stare-great-thumping-tail-roll-over-shake-a-paw-woof-impatiently. And when none of that worked, she stuck her nose under my free hand and petted herself. Resourceful dog.

She even liked going to the vet. And this last time, she must have thought: This is great. The guy gets to pat my head while they give me this needle. Or maybe she knew. She knew everything else worth knowing. She died with her head in my hands.

Weird news

Turkey break-in ruffles feathers

A LaSalle, Ont., resident arrived home Saturday evening to a smashed window, a mess in his living room and an unexpected feathery intruder waiting on his couch.

The break-and-enter was the doing of a giant turkey, which also left "poop" and "a blood spot the size of a 50-cent piece" in their living room.

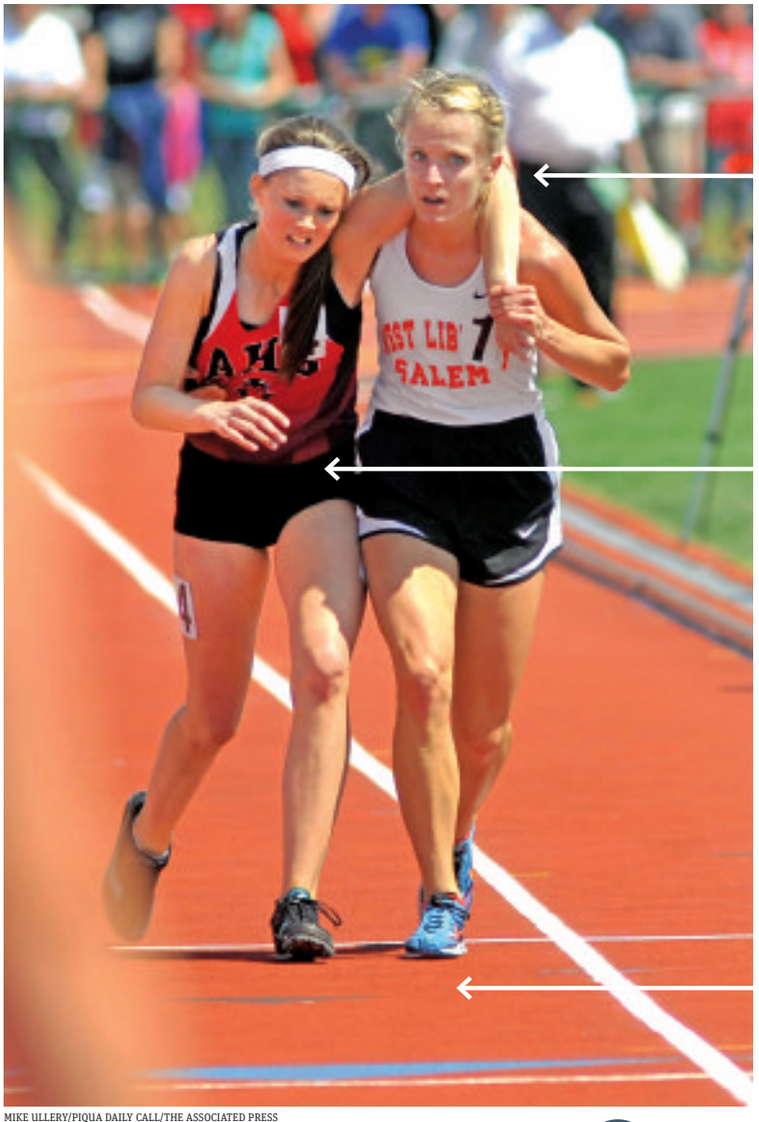
Ken Stroud, 70, who had been out with his wife that day, was the first to spot the 18-inch hole in their window. He initially thought someone had thrown a rock into their house, and walked unsuspectingly into his dark living room — until he saw something move.

"It's a wild turkey and it's sitting on the arm of my chesterfield," said Stroud about his calm 25-pound intruder. "He was sitting there as if he lived there.

"The wife was hysterical," said Stroud who guarded his wife Mary while she made her way into one of the house's other rooms.

Stroud says the humane society captured the bird quickly, with just a net and blanket. They've been told the bird is doing well and will be released back into the wild. **PHOEBE HO/METRO**

Last-place finish, first-class sportsmanship



MIKE ULLERY/PIQUA DAILY CALL/THE ASSOCIATED PRESS

Running the good race

Athlete pushes flagging rival over finish line

Meghan Vogel of West Liberty-Salem, right, helps Arden McMath of Arlington to the finishing line after McMath collapsed yards short in the DIII 3,200-metre finals of the Ohio High School Athletic Association state track meet at Jesse Owens Stadium in Columbus, Ohio, last Saturday. **THE ASSOCIATED PRESS**

She ain't heavy

- **Vogel had won an earlier race, but was in last place in the 3,200-metre run as she caught up to McMath, whose body was giving out.**
- **Instead of zipping past McMath to avoid the last-place finish, Vogel put McMath's arm around her shoulders, dragged her the final few metres and pushed her competitor over the finish line before crossing it herself.**

On the right track

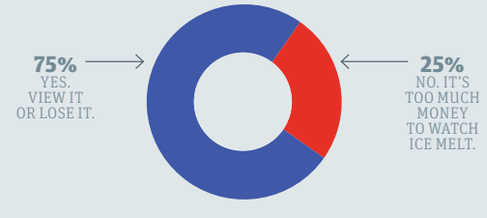
20

Number of metres Vogel hauled McMath before sending her opponent over the finish line first.

Metropolitan Panel

Register at metropolitanpanel.ca and take the quick poll

Do you support a proposal to the federal government for unmanned drones to be used for Arctic surveillance?



Twitter

@KelseyMGlobal
Alright, I love hot weather, but #YQR's record high is just a bit too much for me. 41C back in 1988. #scorcher

@ReginaPosterBoy
BREAKING! Regina residents halt city's plans to ban *cosmetic* pesticides, now all hell is breaking loose! … #yqr

@ifinsights
RT @ourWascana: workshop participants are hard at work painting a picture of the future! #yqr

@JennyEhm
Hey Mother Nature! Get it together! Glad I did my hair today! Holy Tornado, Batman!! #yqr

@ryanholota
Neighbour moving. Free furniture! 102 Minot DR #yqr

@grrlbot
Do you like free stuff and live in the #YQR area? Or maybe you want to de-clutter your house? Join this group! — http://groups.yahoo.com/group/Regina-FullCircle/

metro

President Bill McDonald • **Vice-President & Group Publisher, Metro Western Canada** Steve Shrout • **Editor-in-Chief** Charlotte Empey • **Deputy Editor** Fernando Carneiro • **Managing Editor, News & Business** Amber Shortt • **Managing Editor, Life & Entertainment** Dean Lisk • **Vice-President, Sales** Quin Millar • **National Sales Director** Peter Bartrem • **Sales Manager** Kim Kintzle • **Distribution Manager:** Darryl Hobbins • **Vice-President, Business Ventures** Tracy Day • **Vice-President, Marketing & Interactive** Jodi Brown, **Vice-President, Finance** Phil Jameson **METRO REGINA** • **Telephone:** 306-584-2025 • **Toll free:** 1-877-895-7194 • **Fax:** 1-888-243-9726 • **Advertising:** adinforegina@metronews.ca • **Distribution:** regina_distribution@metronews.ca • **News tips:** regina@metronews.ca • **Letters to the Editor:** reginaletters@metronews.ca

2
SCENE

Scene in brief

Whitney Houston's mother to pen memoir

Whitney Houston's triumphant, heartbreaking life is being remembered in a book by her mother, singer Cissy Houston. Houston has a deal with HarperCollins for a memoir it says will reveal the story of her Grammy Award-winning daughter, who died in a Beverly Hills, Calif., hotel bathtub in February at age 48. HarperCollins announced Monday that the book is scheduled to come out next February. A portion of the proceeds will be donated to the New Hope Baptist Church in Newark, N.J., where Whitney Houston sang as a child and where her funeral was held.

THE ASSOCIATED PRESS

On the web

U.S. terminates funding for Pakistani 'Sesame Street' amid reports of corruption

Michael Fassbender plays David 8, a synthetic human automaton ancestor of Alien's Ash, in the upcoming film Prometheus. HANDOUT

Prometheus, a prequel or not a prequel to Alien?

Space opera. Screenwriters call Ridley Scott's newest film 'an Alien/Blade Runner mash-up'

IN FOCUS
Richard Crouse
scene@metronews.ca

Prometheus, a prequel, or not a prequel? That is the question.

It's a query many have made about the new Ridley Scott space opera. The trailer looks and feels like a chronological cousin to his 1979 classic sci-fi horror epic Alien but the director denies it is a prequel.

Here's what we know. When Scott sat down to write Prometheus (with screenwriters Jon Spaihts and Damon Lindelof, who calls it "an Alien/Blade Runner mash-up") he had a prequel in mind featuring Xenomorphs, the acid-tongued space baddies who gave the first movie its name, and the giant dead alien nicknamed Space Jockey. But then he veered off into something larger; mankind's origin story.

"Out of the creative process emerged a new, grand mythology," he said. "The keen fan will recognize strands of Alien's DNA ... but the ideas tackled in this film are unique, far-reaching and provocative."

Still, Prometheus, which is set in the same universe as Alien, seems to provide the backstory which points forward to the original film.

Firstly, Prometheus is set in 2085, 37 years before the Weyland-Yutani Corporation (which also appears in Prometheus, simply as The Weyland Corporation) sent the commercial towing spaceship Nostromo on its fateful trip from Thedus to Earth in Alien.

Next, while the Xenomorphs may not appear in the acid-spitting form we're used to — "The sequels squeezed him dry," Scott says, "no way am I going back there" — they aren't completely absent. Artist H.R. Giger, who created the beasts in the first film, was brought back to "reverse-engineer the design of the Aliens in the film" to create a Xenomorph forbearer.

Also, Michael Fassbender plays David 8, a synthetic human automaton ancestor of Alien's Ash.

Further evidence came in a trailer that shows star Noomi Rapace standing in front of two unworn Space Jockey suits, suits which will soon be donned, perhaps, by the hapless space jockey seen in Alien.

Finally Scott promises a scene to equal the horror of Alien's "chest-burster" mind-blower, in which an alien parasite exploded out of John Hurt's torso. It's an iconic moment that no prequel could be without, right?

"There is a scene that could be called the equivalent of that in this film," Scott admits.

Even though the prequel debate rages on, the one thing nobody is questioning is how exciting it is to have Ridley Scott back in the sci-fi genre after a 33-year gap.

Kendra's right where she wants to be

MARY ANN GEORGANTOPOULOS
Metro World News in New York City

Fun-loving Kendra Wilkinson-Baskett, who captured fans' hearts on Girls Next Door and Kendra, is back — sans the drama.

The former Playboy model returns to the small screen with her new reality show, Kendra on Top, which premiered this week on WE tv in the U.S.

"This new season is completely different from my previous shows," says Wilkinson-Baskett. "Kendra on Top feels like a lighter and happier show. We're finally where we want to be."

Wilkinson-Baskett and her family — husband and former NFL athlete Hank Baskett III, plus son Hank IV — faced some struggles during her last reality show on E!

"There was a gray cloud hovering over me," she says of Kendra. But she's found her party-girl groove again now that she and her family have a home.

"We're stable and we're settled with an amazing two-year-old son. We have balance," she says.

Don't worry: Wilkinson-Baskett didn't forget the fact that her fans fell in love with her outrageous personality.

Changing course

"Moving around for my husband's career was hard. I couldn't be happy; I was miserable."
Kendra Wilkinson-Baskett

"I always kept in mind what people think of me," she says. "I'm bubbly and outspoken, and for a while I lost that. I was a victim of my husband's career. I'm back to being myself."

So what got the star out of her darkness? Patience, she says. "You can't give up. You have to know that there's a light at the end of the tunnel. Change is hard, but you have to play the game," she adds.

Expanding the family?

Wilkinson-Baskett says she and her husband have begun discussing having another child. "There are no plans yet, but in a couple of months, why not?" she says. "Hank wants baby No. 2 more than I do."

As for Little Hank?

He's so good with other kids, "it's almost like he's asking for a brother or sister," she says.

Hank Baskett and TV personality Kendra Wilkinson arrive at Spike Guys Choice Awards on June 2 in Culver City, Calif. GETTY IMAGES

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

Kristen Stewart ALL PHOTOS GETTY IMAGES

Kristen Stewart dishes on fame

Kristen Stewart has gotten used to life in the spotlight, but she still remembers the day it all started, right around the release of the first Twilight movie. "You can Google my name and one of the first things that comes up is images of me sitting on my front porch smoking a pipe with my ex-boyfriend and my dog. It was taken the day the movie came out. I was no one. I was a kid. I had just turned 18," Stewart tells Vanity Fair. "The next day it was like I was a delinquent slimy idiot, whereas I'm kind of a weirdo, creative Valley Girl who smokes pot. Big deal. But that changed my daily life instantly. I didn't go out in my underwear anymore."

Jason Alexander apologizes for 'gay game' remark

Former Seinfeld star Jason Alexander is offering an apology for his comments about cricket, which he called "a gay game" during an interview with Craig Ferguson. "A few of my Twitter followers made me aware that they were both gay and offended by the joke. And truthfully, I could not understand why," Alexander posted to Twitter. "And the worst part is, I should know better. My daily life is filled with gay men and women, both socially and professionally. I am profoundly aware of the challenges these friends of mine face and I have openly advocated on their behalf. So, I can only apologize and I do."

Quoted

"I should know better. My daily life is filled with gay men and women, both socially and professionally."

Jason Alexander

Will Kopelman and Drew Barrymore

First comes love, then comes marriage. . .

During his wedding to Drew Barrymore, Will Kopelman took a moment to acknowledge that their family is about to expand, according to Us Weekly.

"Everyone knows the baby's coming, so there wasn't much talk about it," a source says of Barrymore's pregnancy.

"Will said something like, 'I'm excited to marry you. I'm excited to meet the newest member of our family.'"

Quoted

"Everyone knows the baby is coming, so there wasn't much talk about it." Source

FOR THE LATEST IN HAIR CARE
VISIT YOUR LOCAL WALMART
head & shoulders
NEW Green Apple Collection, with a fresh Apple scent
Triple Action Scalp Defense
Fights Flakes* | Soothes Itch*
Relieves Dryness**
*associated with dandruff, with regular use
**with regular use
Available at Walmart
Save money. Live better.

3 LIFE

Travel in brief

App aims to keep travellers healthy

A new app might prove useful to Canadians heading out on a road trip this summer and seeking timely health-related information along the way. The free app for Apple devices offers up-to-date details on public health and environmental advisories across the country, says its developer Health & Safety Watch Inc. "Everything can change very rapidly — for example a destination that had safe drinking water when you left on your road trip may actually be under a boil water advisory by the time you arrive," says Jeff Aramini, company president and a former Health Canada senior public health epidemiologist. The app shows local data based on a user's location. A search function also lets you plug in your itinerary. The information comes from a variety of government agencies and departments. Among the listings are product, food and drug recalls across Canada, as well as public health inspection results for restaurants in Toronto.

THE CANADIAN PRESS

On the web

Gerhard Richter, among world's top-selling artists, opens his biggest exhibit to date in Paris

Whether you're a fan of The Lion King, Pocahontas, everything Disney has ever made or nothing at all, Disneyland has attractions as tailor-made as Cinderella's glass slipper. Between the options at Disneyland and California Adventure, both in Anaheim, Calif., there is enough variety to entertain even the most skeptical of adult visitors.

METRO WORLD NEWS

5 Disneyland experiences

For the sci-fi fan

Fly through the stars at Space Mountain. For nearly three minutes, the rollercoaster hurtles, corkscrews and twists its way through the indoor track, lit only by the stars as you soar through the darkness of space. Built in 1977, this timeless coaster is a cornerstone of Disneyland's futuristic — and kitschy — Tomorrowland. A stone's throw from Space Mountain is Star Tours: The Adventures Continue, a technological world away from Space Mountain. This 3D ride, guided by C-3PO, allows you to be a space tourist.

For the film enthusiast

Now referred to as a "tribute" to Michael Jackson, Captain EO is still being screened at Disneyland. The 3D film was directed by Francis Ford Coppola and features Jackson using song and dance to transform the evil Supreme Leader into a beautiful woman — played by Angelica Houston.

Located near the entrance of California Adventure, Soarin' Over California takes its audience on a high-flying tour of the state — from the coast to the mountains. A cantilever lifts the seated audience into the air and into a concaved video screen that makes you feel like you are flying high above some of the state's best-known features.

For the happily spooked

It's not very scary, but the Haunted Mansion can still attract a crowd. Sitting in Doom Buggies, you are taken on a tour of the mansion and introduced to some of the scary spectres that call the old plantation house home.

For a modern scare, It's Tough to be a Bug gives you an up-close look at the creepy, crawly characters that live all around us. Not only is the show in 3D thanks to the Bug Eyes provided, but it also features stinky smells, spraying water, and seats wired to give you a creepy-crawling feeling that the bugs are too close for comfort.

For the kid at heart

No trip to Disneyland is complete without a visit to it's a Small World — the much lauded animatronics-filled boat ride through the cultures of the world. Warning: You will have the song stuck on continuing loop for the remainder of your trip.

For a modern small world, visit Toy Story Midway Mania. The 4D ride features spinning vehicles that take you from one screen to another. At each stop you try to hit Toy Story-related targets that pop up on the screens.

For the wannabe sailor

One of the park's oldest attractions, the Jungle Cruise in Adventureland, takes you on a boat tour of a reptile-filled river. The cruise is led by a Disney cast member, who provides commentary as your steamer passes by animatronic elephants, snakes and monkeys. Pirates of the Caribbean, another original attraction, got an update just as the hit films came out. This ride features appearances by Captain Jack Sparrow and other characters you'll recognize from the movie.

Car Land drives in June 15

When it opens on June 15, Car Land will be the newest attraction at Disney's California Adventure. Built around Radiator Springs' main drag, rides include Mater's Junkyard Jamboree, Luigi's Flying Tires and Radiator Springs Racers. Visit disneyland.disney.go.com. PHOTOS: DISNEY

Elite club

Disneyland — behind the scenes

There is only one place in Disneyland where you can drink alcohol, but you need to be a member to get in.

Located at 33 Royal St. in New Orleans Square is Club 33 — a members-only club where VIPs have been dining since the park was opened.

A secret buzzer gets you entry to a small foyer, and once inside you can take an antique glass elevator or stairs to the second floor dining rooms, decorated with objects from several Disney films.

Disney recently announced a number of people on the 800-name, decade-long waiting list would be offered club memberships for $25,000 and annual dues of $10,000.

Located above the fire hall near the park entrance is a private apartment that belonged to Walt Disney.

It was from there that Disney himself oversaw the building of the park, and watched its 1955 dedication.

It's a small apartment, accessible only by going "backstage" (to the off-limits area of the park).

Almost unchanged from the days Disney lived there with his wife, Lillian, the apartment features two sofas that turn into beds, a small kitchenette with a grilled-cheese maker and a under-counter fridge. A light is kept lit in the window that faces Main Street U.S.A. as a tribute to Disney.

METRO

You've broiled it, you've deep fried it, but have you tried roasting it lately?

Ingredients

Of course this recipe also works for a weeknight dinner. The chicken comes out terrifically moist and tender. And because the chicken is flattened before it is cooked, it is finished much faster than traditional roasting methods.

Here's what you'll need:

- 4-pound whole chicken
- 1 tablespoon kosher salt
- 1 tablespoon garlic powder
- 1/2 tablespoon dried thyme
- 1/2 tablespoon ground black pepper
- **Prep time from start to finish.** 50 minutes (10 minutes active).
- **Servings.** 8.

My recipe for a romantic picnic? A roasted chicken with sandwich trimmings.

Roll with me on this one. It's easy and totally appropriate.

You start out by following my couldn't-be-easier recipe for cast-iron skillet roasted whole chicken. The gist is that you split the bird at the backbone (technically called spatchcocking, but that just seems inappropriate in this context), sear it breast side down on the stovetop, then flip the bird and finish it in the oven.

When the chicken is cooked, you let it cool, then you cover it and refrigerate it right from the pan. You even can do the roasting the night before.

Instructions:

1. Heat the oven to 425 F.

2. Place the chicken on the cutting board breast side down. Use sturdy kitchen shears to cut down the length of the spine on both sides. Discard the spine. Turn the bird breast side up. Gripping the 2 cut sides where the spine used to be, open up the bird, pressing down firmly at the centre to flatten it.

3. In a small bowl, mix together the salt, garlic powder, thyme and pepper. Rub the mixture evenly over the entire chicken.

4. Set a large cast-iron skillet on a burner over medium-high. When the skillet it hot, add the chicken breast side down. Let the chicken brown for 5 minutes, then use tongs to carefully flip the bird so the breast side is up. Set the skillet in the oven and roast for 30 to 40 minutes, or until the thickest part reaches 165 F.

5. Remove the chicken from the oven. Either serve immediately or let cool and refrigerate for use in a picnic as described above.

J.M. HIRSCH/THE ASSOCIATED PRESS

Put this in your picnic basket (sans cast-iron skillet, of course)

A four-pound chicken should provide enough meat for eight sandwiches. MATTHEW MEAD/THE ASSOCIATED PRESS

Cocktail of the Week

Fresh and fruity almond smoothie

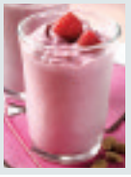
Let this crisp and fruity drink give you a smart morning start, or drink it as an afternoon snack to keep hunger at bay.

Robust Raspberry Almond Smoothie
(Makes 6 servings)

Ingredients:
2 cups almond milk
1, 12-oz package frozen raspberries
2 medium bananas, cut into chunks
2-3 tbsp honey
½ tsp almond extract
3 tbsp almond butter
½ cup vanilla soy ice cream
12 fresh raspberries (optional)

Directions:
Combine all ingredients in a blender; whirl until smooth. Pour into 6 glasses and garnish with fresh raspberries if desired.

ALMOND BOARD OF CALIFORNIA



Your creamy potato salad can be a guilt-free barbecue hit

So you're having a barbecue and you want to keep it at least a little healthy.

You've got the lean chicken breasts marinating and ready for the grill. You've got a colorful tossed salad filled with the season's bounty. You've got corn on the cob for grilling and fresh watermelon and strawberries for nibbling. That's a good start.

But you also know that no summer barbecue is complete without a creamy and rich potato salad. Except you also know just how unhealthy a potato salad smothered in mayonnaise can be. The good news is that you can enjoy a great potato salad without sacrificing your commitment to healthy eating.

Here are our tips for making that happen.

First, make sure you leave the skins on the potatoes. Potato skins contain much of the potatoes' fibre, as well heaps of vitamins and minerals, including a crazy amount of potassium (even more than bananas).

Second, replace the commonly added hard-boiled egg. While eggs do add plenty of protein, if you're barbecuing it's unlikely that protein deprivation is your problem. And egg yolks also add plenty of unnecessary fat. So we replaced the egg with chopped canned artichoke hearts, which have a similar texture and a wonderfully subtle flavour that complements the potatoes.

1. Place the potatoes in a large pot, then add enough cool water to cover by 1 inch. Add 1 teaspoon of salt, then bring to a boil and cook for 10 to 15 minutes, or until just tender when pierced with a fork. Drain the potatoes and spread out on a rimmed baking sheet. Sprinkle with the vinegar and set aside to cool.

2. Meanwhile, in a large bowl, combine the yogurt, sour cream, scallions, mustard, dill, thyme and garlic powder. Season with salt and pepper, to taste. Stir in the pimentos, artichoke bottoms and celery. Once the potatoes have cooled, gently stir in until thoroughly coated. Chill until ready to serve.

THE ASSOCIATED PRESS

Ingredients

Here's what you'll need:

- 2 pounds red potatoes, cubed
- Salt
- 1 tablespoon white balsamic vinegar
- 5.3-ounce container fat-free plain Greek yogurt
- 1/4 cup low-fat sour cream
- 3 scallions, thinly sliced
- 1 tablespoon Dijon mustard
- 2 teaspoons minced fresh dill
- 2 teaspoons minced fresh thyme
- 1/4 teaspoon garlic powder
- Ground black pepper
- 4-ounce jar chopped pimentos
- 14-ounce can artichoke bottoms, drained
- 2 ribs celery, diced

Artichokes work in place of eggs in this healthier potato salad. THE ASSOCIATED PRESS

Perfect picnic pleasure. Bruschetta couscous salad

Finally, bruschetta made portable. MATTHEW MEAD/THE ASSOCIATED PRESS

Ingredients

Start to finish: 30 minutes

- 16 ounces Israeli couscous
- 1/2 small red onion, finely diced
- 3 cloves of garlic, minced
- 3 ribs celery, finely diced
- 20 ounces cocktail tomatoes, quartered
- 1/2 cup fresh basil leaves, torn
- 1/2 cup grated Parmesan cheese
- 1 cup small fresh mozzarella balls
- 1/4 cup extra-virgin olive oil
- 2 tablespoons balsamic vinegar
- Salt and ground black pepper

1. Cook the couscous according to package directions. Allow to cool. In a large bowl, combine the cooled couscous with the red onion, garlic, celery, tomatoes, basil, Parmesan, mozzarella, olive oil and vinegar. Stir to combine, then season with salt and black pepper.

2. The salad can be served immediately, but the flavours improve if it is allowed to sit for 30 minutes. Serves 10.

THE ASSOCIATED PRESS

Parents, I'm not getting paid

Labour sans the loonies. It's not exactly what you want for Junior right now, but let's weigh the benefits

LEAH RUEHLICKE
TalentEgg.ca

Your child just found their dream internship and your nightmare of a compensation guarantee: unpaid. But unpaid internships, although daunting at first, can be an extremely beneficial (and integral) step in your child's career path.

Stephanie Reid, an executive assistant at BlueCat Networks and mother of two unpaid interns, once had her own hesitations about the working-for-free lifestyle. However, as her two children gained invaluable work experience and turned their internships into success stories, she realized the value of the unpaid internship.

The interview you have with your child about their internship may be just important as the one they'll secure because of the unpaid role. ISTOCK

Pushy parents

Helicopter parent horror stories:

- "One parent wanted to sit in during the interview."
- "A parent called a politician to push me to hire his son."
- "A parent came by my desk and told me that he expected his daughter to get preference for a position since he was a manager at the company."

Office Team Canada survey

"It's not the same if an intern is doing solitary photocopying all day and thus not learning anything or meeting people," she says. Luckily both of her children interned at organizations related to their own career aspirations.

"I know we are very lucky to be able to do this," Reid says. "If I knew what I know now, I would have suggested to my kids and all of their friends that they start putting money aside for an opportunity like this as soon as they enter high school, even."

Reid offers the following tips and advice to fellow parents struggling with the idea of their child embarking upon an unpaid position:

• Evaluate the internship. Internships are beneficial only if your child is learning career-related skills, making industry connections and utilizing the education they have.

• Internships can show your child what they actually want to do. "After hearing about how many kids change course, I guess the main thing I was hoping for was confirmation that they were on the right track at school — or not — and getting the chance to fix that quickly," Reid adds.

• Set a timeline. Agree with your child that you'll re-evaluate how things are going in four months, for example, to ensure that they are benefitting from their internship and, if they aren't, to begin exploring new paths.

• Encourage your child to secure extra hours at their paid, part-time jobs in order to compensate for the money they aren't making while interning.

• Accept that things take time. Reid's son found his three-month internship extended for another three months and, after discussing the difficulties of continuing down the unpaid path, both realized that three months isn't necessarily long enough to prove yourself to an employer.

LEAH RUEHLICKE IS A MARKETING/EDITORIAL ASSISTANT AT TALENTEGG, AND A RECENT CULTURAL STUDIES AND ENGLISH GRADUATE FROM TRENT UNIVERSITY.
TALENTEGG.CA IS CANADA'S LEADING JOB SITE AND CAREER RESOURCE FOR STUDENTS AND NEW GRADUATES.

Student Voice

University trumped by college

HaoRan Chen
Graduate
Double Bachelor of Arts in Economics and Sociology
McMaster University

TalentEgg.ca

Since graduating and starting the job hunt, which has not been very successful at all, I was just offered my first phone interview less than a week ago.

The day following the interview I became very anxious and nervous to hear the results, which turned out not to be so positive.

Most jobs require experience, but for graduates like me who did not have the opportunity to get an internship or co-op during the four years at university due to the absence of a co-op program, these experiences are minimal.

After seeing many of my friends delay job hunting by going back to school, either by attending college or graduate programs, I have realized that university is not all it has been made out to be. When speaking with professionals who are established in the job market, they always ask me which I think is more valuable: university or college?

After putting much thought into this question I realized that college helps its students by providing hands-on opportunities both in school and outside of school with co-ops and internships. Most university students however, are stuck with the knowledge that we gathered from our textbooks. So which do I think is more valuable? College of course.

Employers favour those individuals with hands-on experience and not just with the knowledge that exists in textbooks. Even though university does possess a better environment during our education, it definitely does not help us when we graduate. Even though universities do provide career workshops and seminars (and I have been to quite a few), many of them do not provide information that we haven't heard a million times in the past.

For many graduates, the jobs that are available are those in customer service and general labour, which under "requirements" often state that a high school diploma is all that is required. If that was all we needed to get these jobs, why did we go to university? Sometimes even these jobs do not want us because we are "over qualified."

While still looking for a job to start my career I can say truthfully that job hunting is not easy and it might take up to a year for new graduates to start off their careers, and I often ask myself: How is this fair? Why are university students who were looked up to in the past now struggling to compete with others who have less education?

TALENTEGG.CA, CANADA'S LEADING JOB SITE AND ONLINE CAREER RESOURCE FOR STUDENTS AND NEW GRADUATES, WANTS TO HEAR YOUR STUDENT VOICE. SHARE IT AT TALENTEGG.CA.

Summer of the search: Back home and hunting

Welcome back! You've returned to the roost and now it's time to land a local job. But how?

ISHANI NATH
TalentEgg.ca

Home may be where the heart is, but it's not necessarily where the best summer jobs are. After ploughing through a busy semester, you've headed from student house to hometown for a summer of rent-free living and a few home-cooked meals. Unfortunately, when students are only in town for a few months, it can be hard to find employment.

Ideally, you started early. Hit the Internet hard, applied to government positions and local listings. But times are tough, and with the youth unemployment rate at 13.9 per cent, maybe you weren't able to land one of those coveted summer jobs.

If you now find yourself back in the dinosaur sheets of your childhood bed with no job to get you up in the morning, there are still some things that you can do.

Do some digging

This late in the season, you'll have to employ some seriously old school methods to get a job. Find a local company that you want to work for and contact their HR department directly to see if they have any openings. Scan your local paper and community bulletin boards for any job notices and keep an eye out for "help wanted" signs around town. Always have a resumé on hand if something catches your eye.

Hit the road

Everyone looks the same via e-mail, but unless you have a twin roaming around, no one will look like you in person. Print out copies of your resumé, put on your professional business wear and your best "hire-me" smile and start applying to jobs face-to-face. Do your best to give your resumé to whoever does the hiring rather than just leaving it with reception, allow employers to put a face to the name on your application.

"Always have a resumé on hand if something catches your eye." ISTOCK

Hometown helpers

As The Beatles once crooned, we get by with a little help from our friends. If you're back in your hometown, use the networks you created before university. Reach out to your family and friends, send e-mails with your resumé attached and let people know what you're looking for. Additionally, call up people you've worked for or volunteered with before you went away to university. You never know who might come through.

ISHANI NATH IS AN ASPIRING WRITER WHO IS LEARNING THE COMPLEXITIES OF THE CRAFT IN RYERSON UNIVERSITY'S MASTER'S OF JOURNALISM PROGRAM.
TALENTEGG.CA IS CANADA'S LEADING JOB SITE AND CAREER RESOURCE FOR STUDENTS AND NEW GRADUATES.

‘Playing on another planet’

Kings defenceman Willie Mitchell congratulates goalie Jonathan Quick after Game 3 on Monday in Los Angeles. HARRY HOW/THE ASSOCIATED PRESS

NHL. Quick likely to run away with Conn Smythe trophy after historic post-season for Kings

Jonathan Quick has set the bar so high for himself, his Los Angeles Kings teammates can barely see it.

“He’s playing on another planet,” forward Jarret Stoll said Tuesday. “That’s what he expects.”

The 26-year-old American has put together a post-season that is taking on historical proportions. As the Kings entered Wednesday’s Game 4 against New Jersey with a chance to win the Stanley Cup, Quick sat poised to post some of the best playoff statistics in NHL history.

In the process, he’s completely eliminated any debate there might be about who deserves to take home the Conn Smythe Trophy as playoff MVP.

“In these playoffs, every game he’s been on,” said Hockey Hall of Famer Luc Robitaille, the Kings’ president of business operations. “He’s been very, very special.”

The Devils have been unable to find a way to solve him. As one-sided as the Stanley Cup final seems right now, it likely wouldn’t have looked that way if not for the performance of Quick.

He’s been particularly sharp early in games during this series, giving the Kings a chance to get more comfortable while planting seeds of doubt in the minds of Devils players.

“We’re creating as many chances this round as we had against the Rangers the prior round — we’re not finishing,” said Devils coach Pete DeBoer. “He’s played very well.... We’ve never been able to grab momentum, (score the) first goal, at a critical time.”

Added veteran Devils goalie Martin Brodeur: “We’ve got to find ways to score.”

Quick has been a cornerstone for the Kings for three seasons, but this is the first one where he’s commanded national attention. A little shy and short with answers, he comes across as someone who wouldn’t mind getting his anonymity back.

But that’s unlikely now that he has a chance to match Tim Thomas’ trophy haul of a year ago by winning the Stanley Cup, Conn Smythe and the Vezina Trophy as the NHL’s top goalie.

THE CANADIAN PRESS

By the numbers

.950

Jonathan Quick’s .950 save percentage in the playoffs would rank him first all-time and his 1.36 goals-against average would be better than any goaltender in the last 52 years.

Brown-Parise

Cup captains show further growth in U.S.

It has happened only once in NHL history, but it will definitely happen again: An American captain will hoist the Stanley Cup.

Whether it’s the Kings’ Dustin Brown of Ithaca, N.Y., or Zach Parise of Minneapolis doing it in the event of a New Jersey comeback, it’s a sign of the rise of American hockey.

“It’s one more statement about the particular development of our sport and our program in America,” said Dave Ogrean, executive director of USA Hockey.

Parise and Brown were both 14 years old when Derian Hatcher, of Sterling Heights, Mich., led the Dallas Stars to the Stanley Cup over the Buffalo Sabres in 1999. TORSTAR NEWS SERVICE

Dustin Brown and Zach Parise
GETTY IMAGES FILE

Never-say-die Djokovic on to semifinal

As the evening air swirled, and raindrops fell, and the thousands of spectators pulling for his opponent hushed, Novak Djokovic stood a single point from exiting the French Open.

A single point from losing the chance to pursue a fourth consecutive Grand Slam title, something no man has done in 43 years.

But Djokovic came through Tuesday, taking that crucial point against France’s Jo-Wilfried Tsonga in the quarter-finals at Roland Garros thanks to an overhead that skimmed off the baseline to set up a put-away volley.

All told, Djokovic faced four match points against Tsonga and won each one.

Djokovic won his 26th Grand Slam match in a row, coming back to beat the fifth-seeded Tsonga 6-1, 5-7, 5-7, 7-6 (6), 6-1 to set up a rematch against 16-time major champion Roger Federer. A year ago in the semifinals at the French Open, Federer ended Djokovic’s 43-match winning streak, the last time the Serb lost at one of tennis’ four Grand Slams.

“If you’re playing a top player, a home favourite, and you have a crowd that’s supporting him, you have to face these things,” said the No. 1-ranked Djokovic. “Physically, we’re all fit, all hitting the ball well.... The one that mentally pushes more in some moments — and gets a bit lucky — gets the win.” THE ASSOCIATED PRESS

Roger dodges defeat

Roger Federer also fashioned a come-from-behind victory on Tuesday.

- He dropped the first two sets before getting past No. 9 Juan Martin del Potro of Argentina 3-6, 6-7 (4), 6-2, 6-0, 6-3.

Novak Djokovic celebrates winning his match against Jo-Wilfried Tsonga in Paris on Tuesday. MICHEL EULER/THE ASSOCIATED PRESS

NHL

Cloutier added to Flames’ staff

Jacques Cloutier has joined the Calgary Flames coaching staff as Bob Hartley’s assistant. The former Quebec Nordiques goalie was Hartley’s assistant last season with the Zurich Lions of the Swiss elite league.

THE CANADIAN PRESS

MLB

Lasorda stable after heart attack

Hall of Fame manager Tom Lasorda was hospitalized in stable condition Tuesday, a day after the 84-year-old had a “mild” heart attack while representing the Los Angeles Dodgers at the draft.

THE ASSOCIATED PRESS

Tommy Lasorda
THE ASSOCIATED PRESS FILE

NHL

Moore absent due to wife’s illness

San Jose Shark Dominic Moore said he missed playoff games because his wife has a rare form of liver cancer. Moore explained his absence from two playoff games in April in a statement Tuesday.

THE ASSOCIATED PRESS

NBA

“I think we have the right game plan. We just need to play a little better for a little longer.”

Tim Duncan, whose Spurs trail the Thunder 3-2 in the Western Conference finals after a 108-103 loss on Monday night.

4 SPORTS

NHL

“I’m certainly a better coach now than I was 10 or 15 years ago. I learned a lot about myself. I learned a lot about the game, too.”

Michel Therrien, who said he believes he will be a better, wiser coach than he was in his first stint behind the Montreal Canadiens bench. New general manager Marc Bergevin named Therrien as head coach on Tuesday. Therrien took over behind the Habs bench during the 2000-01 season and left midway through 2002-03. Since then, Therrien has coached in the AHL, reached a Stanley Cup final with the Pittsburgh Penguins, done pro scouting and, most recently, worked as a Canadiens television analyst.

Soccer

Euro money stacks up to World Cup’s

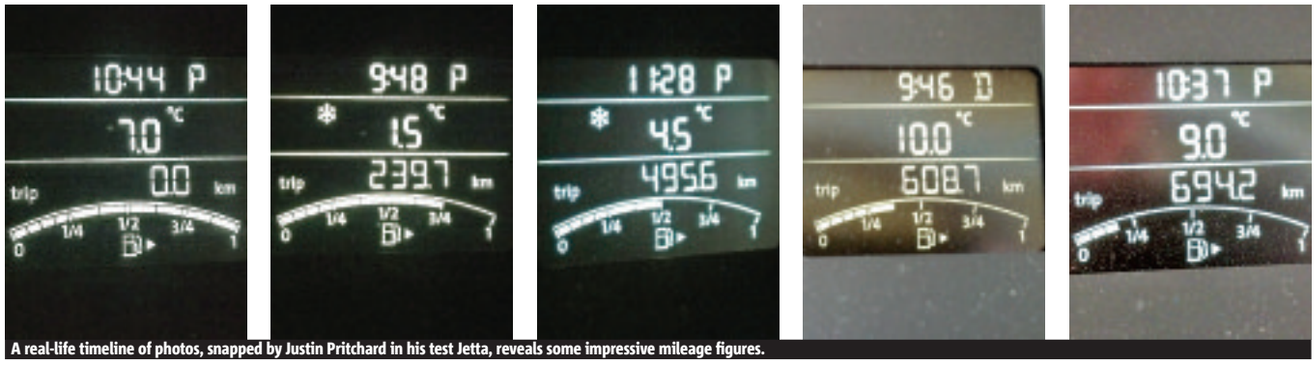
The European Championship begins Friday boasting the numbers to back its reputation as one of the world’s elite sporting events. UEFA will earn commercial revenues of at least $1.6 billion US for the 16-team tournament in Poland and Ukraine, rivaling FIFA’s 32-nation World Cup for average match value. With each match expected to draw an average television audience of 150 million fans worldwide, Euro 2012 will bring a near-daily diet of ratings bigger than the Super Bowl.

THE ASSOCIATED PRESS

On the web

Fresh off his first national championship with Kentucky, John Calipari is coaching the Dominican Republic basketball team in an attempt to qualify for the Olympics this summer. Scan the code for the story.

5 DRIVE



A real-life timeline of photos, snapped by Justin Pritchard in his test Jetta, reveals some impressive mileage figures.

Once you go diesel, you might not go back

Review. Still sitting on the fence about hybrids? The Jetta TDI and its supreme fuel economy offers an enticing alternative

JUSTIN PRITCHARD
drive@metronews.ca

For a sedan that grabs attention with its fuel efficiency, the design is actually pretty nice as well. ALL PHOTOS BY JUSTIN PRITCHARD

Unless you like shovelling heaps of your hard-earned cash into the registers at local gas stations, the Volkswagen Jetta TDI is a car you need to test-drive.

Big thing about the Jetta TDI? It's a diesel. Diesel has about 30 per cent more energy per unit than gasoline — meaning the Jetta's TDI four-cylinder engine creates 140 horsepower and a robust 236 pounds of torque from just two litres of displacement and a turbocharger.

Diesel engines generate lots of torque — which is the all-important figure when it comes to getting things moving. That's why most trains and transports drink diesel fuel.

Sure, the Jetta TDI will never haul a transport trailer or skid off roofing shingles, but its powerplant boasts exceptional mileage alongside a power-band that's meatier than a bag full of Baconators.

Diesel makes heaps of sense if you aren't quite sold on a hybrid. What if the hybrid drive motor conks out, outside of warranty? Will that hybrid battery do its job at -40 C when you return to the Park 'N Fly with a suitcase full of Dominican rum? None of these are concerns faced by TDI owners.

And unlike days gone by, the new breed of TDI diesel engines run clean as a whistle. There's no smell, no soot and no smoke. The tester's powerplant was as quiet, smooth and refined as anything comparable running on gasoline — if not more so.

The tester also ran Volkswagen's dual-clutch Direct Shift Gearbox or DSG transmission, which shifts precisely, at lightning speed, and so smoothly you'd never feel a thing. Performance and fuel mileage are enhanced with this gearbox.

I watched delightedly as my fuel gauge took 180 kilometres to drop from 'full' and racked up some 500 clicks before reaching the 'half' mark. It took just under 700 kilometres before the tank dropped below a quarter full. I only visited the gas station once during my week-long test, and I'm OK with that.

Overall consumption landed at 6.9 L/100 km. With plenty of city driving, high-speed highway cruising and my lead foot, that isn't bad at all. And with all that torque, Jetta TDI rips along something fierce when you give it the boots.

You're not sacrificing performance here.

Extra points for the comfy heated leather seats, potent Fender audio system and fantastic headlight performance at night. Roominess for four adults is adequate, the trunk is generous, and there's plenty of at-hand storage, too.

The ride and handling are also nicely set up: Jetta TDI is responsive, sporty, comfortable, refined and fairly quiet, all at the same time. The powertrain, steering, ride and suspension are all dialed in very nicely here.

My only major complaint dealt with the cabin, which has been 'cheapened' compared to the last-generation Jetta to facilitate a lower price tag.

It's assembled nicely and pleasing to look at, though the abundance of hard plastics let things down a little when touching most surfaces.

At the end of the day, those in the market for an upscale, slightly sporty, very thrifty and highly refined fuel miser should be sure to give the Jetta TDI a whirl — alongside the Chevrolet Cruze Eco, Mazda 3 Skyactiv and Hyundai Sonata Blue Drive.

2012 Volkswagen Jetta TDI

- Engine: 2.0-litre TDI Clean Diesel, 140 horsepower.
- Drivetrain: Front-wheel drive.
- Observed Average Mileage: 6.9 L/100 km.
- Transmission: 6-speed DSG.
- Features: Fender Audio System, Bluetooth, heated leather, sunroof.
- What's Hot: Great mileage, refined and quiet powertrain, generous trunk, comfortable and sporty.
- What's Not: Low-budget interior feel, no proper arm-rest.
- Starting Price: $27,175 (Jetta TDI Highline).

On the Web

Scan code for more car reviews and news

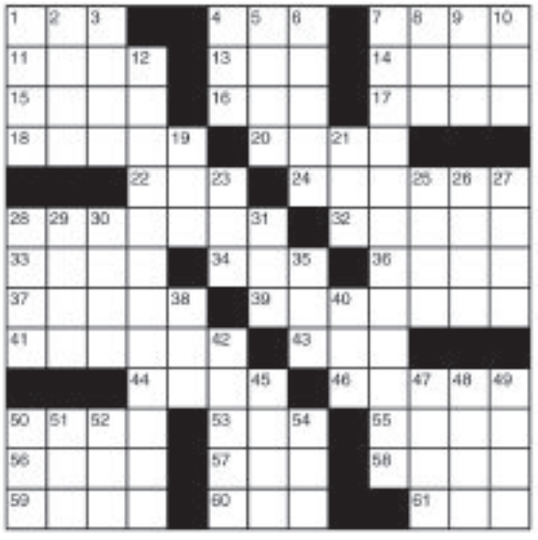
Crossword

Across

1 Ottoman official
4 Braying beast
7 Prejudice
11 "No ifs, ands, or —"
13 Spot on a domino
14 Aware of
15 Cornfield invader
16 — out a living
17 Individuals
18 Plant of the cashew family
20 Sentry's call
22 Wrigley product
24 Touchtone feature
28 No purebred
32 Isolated
33 Author James
34 Paving gunk
36 Greek vowel
37 Startle
39 Arrested
41 Liverpool's river
43 Luau side dish
44 Tiny branch
46 Medication measures
50 Leslie Caron role
53 Sprite
55 Troop group
56 Leif's father
57 Appomattox surrenderer
58 Ganges garment
59 Halloween face
60 Morning moisture
61 Apiece

Down

1 Basic learning
2 Mentor
3 Fermi's bit
4 Mimic
5 Monotheist of India
6 Orate
7 Destiny's Child song
8 Hostel
9 Noshed
10 "Mayday!"
12 Boastful officer's wand
19 Scoundrel
21 Meadow
23 Encountered
25 Milne bruin
26 Initial stake
27 Out of play
28 Sir's counterpart
29 Coquettish glance
30 In the neighbourhood
31 Once around the track
35 Sartorial woe
38 Kitten's comment
40 Affirmative action?
42 Relinquish
45 Merriment
47 Break suddenly
48 Green land
49 Mix
50 Jewel
51 Savings acronym
52 USO audience
54 A handful



Sudoku

4								9
	3		8	9	2		6	
	5						2	
		7	2		1	5		
	2						7	
		6	4		3	1		
	4						3	
	1		6	4	7		5	
9								4

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's Sudoku

8	9	4	5	3	6	1	2	7
6	2	7	1	4	9	3	5	8
5	1	3	2	8	7	6	4	9
9	8	1	3	6	4	2	7	5
2	3	6	8	7	5	4	9	1
4	7	5	9	1	2	8	6	3
1	5	2	4	9	3	7	8	6
3	6	9	7	2	8	5	1	4
7	4	8	6	5	1	9	3	2

Yesterday's Crossword

Cryptoquip

How to play

This is a substitution cipher where one letter stands for another. Eg: If X equals O, it will equal O throughout the puzzle.

QH G UIV QY KCYFQEU SQY OGKC HCCF PE G OGKKPPL YCGF, VPI LQUSF HQEM VPIKYCAH G FPCM YFPPA.

Yesterday's Cryptoquip: POSING SOPRANO SILLS HAD MARRIED SINGER DON OR PHIL, SHE'D BE NAMED BEVERLY EVERLY.

Today's Cryptoquip Clue: H equals F

For today's crossword answers and for expanded horoscopes, go to metronews.ca

Horoscope

Aries | March 21 - April 20. According to the planets you have been taking it easy and doing just enough to get by, but that must now change.

Taurus | April 21 - May 21. You may think you are a law unto yourself but even a Taurus has to toe the line occasionally and if you are smart you will tone down your act a bit over the next few days.

Gemini | May 22 - June 20. You will be pleasantly surprised how helpful people are today.

Cancer | June 21 - July 22. You may have some serious issues to deal with but that does not mean you cannot have fun.

Leo | July 23 - Aug. 22. Avoid petty arguments and focus your energy on things that really matter.

Virgo | Aug. 23 - Sept. 22. This will be one of those days when no matter how hard you try to get your head around what's going on you just can't make the connection.

Libra | Sept. 23 - Oct. 22. You need to be more adventurous. That applies to all areas of your life but especially to your work where you could miss out on a golden opportunity if you are afraid to take a risk.

Scorpio | Oct. 23 - Nov. 21. Try not to be so judgmental today. Remember that people are supposed to be different. Make an effort to get along with someone you would not usually want to hang out with.

Sagittarius | Nov. 22 - Dec. 21. You have serious duties to perform but you must also make time for the lighter side of life.

Capricorn | Dec. 22 - Jan 20. Things are rarely as bad as they seem, so throw yourself into a task you enjoy and before you know it you will have forgotten all about . . . well, whatever it was you were getting worked up about.

Aquarius | Jan. 21 - Feb 18. You can sense that so much is possible. But don't get carried away, especially where romance is concerned. Head and heart must be balanced.

Pisces | Feb. 19 - March 20. Whatever good ideas you have today you are advised to do something with them quickly, because later in the week you may not have time to do them justice.

SALLY BROMPTON

Caption Contest

"Sweet ... I've always wanted a fascinator."
Tak

ANA VENEGAS/THE ORANGE COUNTY REGISTER/THE ASSOCIATED PRESS

Win!

You write it!

Write a funny caption for the image above and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

When it comes to getting the right *every day essentials* for the family, Moms know BEST.

Moms are smart shoppers.
And they know where to shop
for their favourite **P&G products.**

Available at
Walmart
Save money. Live better.